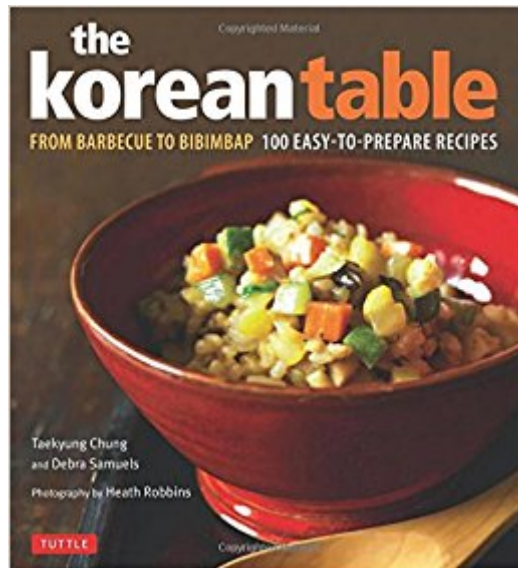


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# The Korean Table: From Barbecue To Bibimbap 100 Easy-To-Prepare Recipes



## Synopsis

The Korean Table features some of the most delicious Seoul food around! Here is a collection of recipes that are not only new, but also fresh and healthy yet robust and intensely flavored. Poised to become America's next favorite Asian cuisine, Korean food is rapidly gaining in popularity throughout the country. Korean recipes such as bulgogi (Korean barbecue), kimchi (pickled spicy cabbage) and bibimbap (mixed rice) are only a few of the savory, authentic meals that are taking the food world by storm. The Korean Table is a wonderful new cookbook that shows American cooks how to create the tempting flavors of Korean cuisine at home. Chung and Samuels, a Korean and an American, team up to guide home cooks through the process of making Korean meals without fuss, multiple trips to specialty markets or expensive online shopping. Along with showing you how to create complete Korean meals from start to finishâfrom Scallion Pancakes to Korean Dumplings (mandu) and Simmered Beef Short Ribsâthis Korean cookbook also includes information about how you can add the flavors of a Korean kitchen to your meal in numerous quick and easy ways every day, using condiments, side dishes, salad dressings, sauces and more.

## Book Information

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## Customer Reviews

Got this book from library first and used it so much I decided to buy it. It's rare that I want to make every recipe in a cook book, but that's the case here. I wanted to learn about Korean food and, living in Los Angeles, I have access to a rich, authentic Korean community. I use this book to guide me in Korean markets. The recipes are easy to follow, they always work and they're very tasty. For

anyone who wants to expand their cooking repertoire to include this great cuisine, I recommend this book. (Also, compared it to others in the library and this was my favorite.)

After reading the reviews on most of the Korean cook books available on , I decided to go with this one. I'm a Korean American born and raised in Texas married to a Korean man born and raised in Korea. Needless to say, I found the need to learn how to cook more Korean dishes. I had a couple of recipes up my sleeves already, but that obviously wasn't going to be enough for a man that was going to be missing his homeland food terribly now that he's living in Houston. Yes, there are a few very good Korean restaurants in Houston, but we can't be eating out all the time! I was hoping this book would be perfect for a novice like me, but I ended up being quite disappointed. The illustrations are great, but the recipes are not all the most authentic. Some of the dishes my husband had never even heard of. Many of the recipes seem to be "westernized." I still think this would be a great book for a beginner, but not for someone who is looking for authentic Korean recipes.

The basics chapter, which kicks off this attractive and practical book, is a confidence booster. Simple base sauces and spice pastes which last for months allow the home cook to whip up kimchi or mouthwatering barbecue at a whim (plus a day for marinating). A sample meal might include Barbecued Ribs or Hot Wings or Whole Baked Fish (simply seasoned with Red Pepper Paste, made ahead and handy in the fridge) or Kimchi Hot Pot; Cucumber and Grilled Eggplant (pan-fried eggplant with raw cucumbers in a soy-scallion sauce), or Seasoned Bean Sprouts; Potato and Basil pancakes (also served with soy-scallion dipping sauce) or Kimchi Pancakes; Sticky Rice with Dried Fruit and Nuts, or Korean Fried Rice; and Garden Ripe Tomatoes Drizzled with Honey for dessert. Organized by course, using ingredients found in the local grocery and accompanied by luscious photographs, these 100 recipes are easy and exotic, many taking only a few minutes to prepare. A user-friendly introduction to a lively cuisine.

One reviewer recently mentioned that her biggest complaint was that this book didn't have more traditional recipes. Having grown up on Korean food, I don't fully disagree with her opinion, however, there are several "traditional" recipes to satisfy any Korean, and in addition, there are several other recipes that I found to be a wonderful compliment to modern Korean cuisine. While some of these recipes are not common or "traditional," they do show the wide variety of styles that are found in Korean cooking today! These recipes do, in my opinion, retain the "traditional" foundations of Korean cooking, especially with regards to flavor, and they simply take things a step

further by adding some modern dishes, such as Korean style hot wings, etc. Also keep in mind that there are regional variations to Korean food, and the recipes in this book reflect this as well. If you are looking for only true "traditional" Korean cuisine, then you might be better off looking for a book that provides you recipes based on Korean Court dishes... Otherwise, this book is absolutely wonderful with delicious, easy to make recipes, unlike traditional Korean Court dishes which are often very labor intensive! I highly recommend this book to anyone who has an interest in Korean cuisine, especially to beginners of Korean cooking. As I previously mentioned, the recipes are quite simple with ingredients that are easy to find, and it also does a good job covering the core basics of Korean cuisine, especially the sauces!! I really applaud the creators for also being different by adding some recipes that highlight the diversity of true Korean cuisine today!

this is a great cookbook for fans of Korean food. It has lots of pictures which is always helpful, and what I think is a bonus is that it has a chapter explaining how to make all kinds of Korean sauces!! Also it has another entire chapter just for Korean "side dishes" alone, (for anyone who's had Korean food before, it's the small side dishes they always give you before the meal) and for me that was also great, b.c I'm not Korean, and sometimes you stare at these 'side dishes' and wonder what they are.. The rest of the book also includes some recipes for Korean hot pot, and other noodle and rice dishes. My only complaint about this book is that most (not all) of the portions made in this cookbook are a bit big; most of them "serve 4" or more. Otherwise this book is a must have if you love Korean cuisine.

THE KOREAN TABLE: FROM BARBECUE TO BIBIMBAP is a fine survey showing how to create a complete Korean meal from start to finish - including recipes for dishes such as Scallion Pancakes, Korean Dumplings, Ramen Noodle and Dumpling Soup, and more. Color photos throughout accent a Korean cookbook packed with dishes easy to produce at home, making for a top pick for any seeking an introduction to the art of Korean cooking.

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